

Community Supports and Resources

Gilbert Centre - LGBTQ and HIV Support and Services

Telephone: 705-722-6778

Website: www.gilbertcentre.ca

Address: 555-80 Bradford St, Barrie ON, L4N 6S7

The Gilbert Centre provides social and support services to empower, promote health, and celebrate the lives of people living with or affected by HIV and other sexually transmitted infections (STI) and the individuals and families from the lesbian, gay, bisexual, transgender, queer (LGBTQ) communities of Simcoe Muskoka.

Programs -

Gender Diverse and Trans Programming
Safer Spaces
Gay/Bi/MSM Sexual Health Program
Gender Journeys
LGBT Youth Connection
Mens Social Group
Trans* Q Group
Parenting Groups

Rainbow Health Ontario

Website: www.rainbowhealthontario.ca

Description: Rainbow Health Ontario (RHO) is a province-wide program working to improve access to services and promote the health of our LGBTQ2S+ communities.

Diversity Group at Orillia Secondary School

Telephone: Jenny Miller, 705-329-4537 ext.57033

Address: 250 Collegiate Drive, Orillia

Description: This group is facilitated by Jenny Miller, who is a teacher at Orillia Secondary School. This group runs only when students at the school request it. This group is linked to OSS's LOVE (Leave out violence everywhere) group. The students are in charge of the activities that the group participates in. Contact Jenny Miller at the telephone number above for further information.



LGBTQ2S+ Supports

**1 University Avenue
Orillia, ON
L3V 0Y7**

Telephone: 705- 325-5578

Email: exdir@ns-vs.com

**Charitable Donations Number:
869764829 RR0001.**

**Donations can be made online at
<http://www.ns-vs.com> or by cheque.**

Medical Supports

Couchiching Family Health Team: North Simcoe Muskoka Trans Health Services

Telephone: Jessica, 705-329-3649 ext. 391

Address: 119 Memorial Ave, Orillia ON

Description: North Simcoe Trans Health Services provides comprehensive supportive care to Trans individuals seeking health care. We provide the following services: Comprehensive Health Assessments, Health Promotion and Illness/ Disease Prevention, Therapeutic Management, Hormone Treatment, Surgical Referral, Community Resource Navigation, Social Transition support, and Mental Health Services. Our Peer support Navigator and team of health care professionals provide inclusive medical care and support to help clients identify and achieve their transition goals.

Gilbert Centre – AIDS Committee – Simcoe County

Telephone: 705-722-6778 or Toll Free
1-800-372-2272

Address: Barrie by the Bay, 80 Bradfird St,
Unit 555, Barrie ON

Description: Health promotion role of this agency includes support programs and advocacy to persons who are HIV positive and those affected by HIV. Programs include HIV/AIDS Prevention, community

outreach and awareness. The homelessness and youth project and the HOPE (Holding on through peer education) Theatre Troupe. The Aids Committee of Simcoe County can provide financial assistance for eligible persons. The AIDS Committee of Simcoe County has a small collection of books and videos available for public use. HIV Anonymous testing is available at the ACDS Office. Call the office number to arrange an appointment.

Support Lines

LGBT Youthline Ontario:

Telephone: 1-800-268-9688

Text 647-694-4275 + [https://](https://www.youthline.ca/)

www.youthline.ca/

(chat, text and email currently available)

Description: Ontario-wide peer support for lesbian, gay, bisexual, transgender, transsexual, two-spirited, queer and questioning young people.

PFLAG Canada

Telephone: National Support Line
1-888-530-6777 ext. 224 (Toll Free)

Description: PFLAG Canada is a national charitable organization, founded by parents who wished to help themselves and their family members understand and accept their non-heterosexual children.

Kids Help Phone

Telephone: 1-800-668-6868

Canadian Mental Health Association Ontario – Crisis Line

Telephone: 1-833-456-4566

Description: Mental Health support crisis line, available 24/7 365 days a year. Text line available between 4pm and midnight ET (45645).

Trans Lifeline

Telephone: 1-877-330-6366 (5PM-1AM ET)

Description: A peer support line run by and for Trans people, focused on providing community support and resources.

ConnexOntario

Telephone: 1-866-531-2600 or

www.connexontario.ca

Description: Free and confidential health services information for people experiencing problems with alcohol and drugs, mental health and/or gambling. Available 24/7.

211 Ontario

Telephone: 211

Description: Navigate the network of human services quickly and easily. Assists with finding local resources.